



(Incl. Mole Valley North)

## Meet the Team

We have 6 wonderful members of staff here at HSEEB who all play a key part in ensuring our families are supported and the organisation runs smoothly:



**Hazel Davies**  
Manager



**Hayley Ronald**  
Senior Family  
Coordinator  
(Mole Valley)



**Jo Parker**  
Senior Family  
Coordinator  
(Volunteer Training &  
Recruitment)



**Lesley Lane**  
Senior Family  
Coordinator  
(Over 5s/SEND)



**Claire Stevens**  
Senior Family  
Coordinator  
(PIMH)



**Jenny Bond**  
Administrator/  
Finance Assistant

## HSEEB Summer Outings 2022

We were really pleased to be able to provide four Summer Outings for the families we support. This year's trips were:

- Two Summer Picnics
- A Trip to Littlehampton (with coach transport)
- An Outing to Bockett's Farm



The families who attended the Outings really enjoyed themselves.

A big THANK YOU to all our wonderful Volunteers who helped on the trips. Without your support these Outings would not have been possible!

The trips this year were funded by a generous legacy and a donation from Waitrose Epsom.

## Perinatal Mental Health Project

We are delighted to welcome Claire Stevens as our new Senior Family Coordinator for Perinatal Infant Mental Health (PIMH). Claire brings with her a wealth of experience, having worked with families across different settings, most recently a local Family Centre. Claire has a Psychology background, with a particular interest in emotional wellbeing, neurodevelopment and attachment. Claire will coordinate our Perinatal Mental Health Project; designed specifically to support parents during pregnancy and the first year after birth. Claire will facilitate drop-ins and also The Nest Nurture Group; for Mums with mild to moderate mental health issues.

**THE NEST  
NURTURE GROUP**



For more information see our website:  
<https://hseeb.org/perinatal-mental-health-project/>

## Hummingbird Group

Since April, Hayley Ronald, Senior Family Coordinator for Mole Valley has been involved in a new community initiative held in conjunction with All-Saints Pre-School and Leatherhead Community Hub. Every fortnight, Hayley helps to facilitate one of two groups held weekly on **Mondays** at **Leatherhead Community Hub**. Community Nursery Nurses attend fortnightly for weigh-ins and to offer advice. A Community Fridge is also available on site. <https://www.lch.community>



- Toddler Group: 9:30am - 11am
- Baby Group: 1pm- 2:30pm

NEWSLETTER...



## 'Train Day' 26th June 2022

HSEEB would like to say a huge THANK YOU to Mr Colin Sutherland for hosting the 25th Charity Garden Railway Open Day in aid of HSEEB and the Cochlear Implant Children's Support Group.

Those attending the event were treated to an impressive display of model railways and vintage cars and were able to enjoy refreshments throughout the day, including a lunchtime BBQ. The event generated £1000 for HSEEB.



## '25 for 25' Fundraising 25 Mile Cycle Ride



We would like to say a Big Congratulations and Thank You to our Trustee, Tony Evans, on completing a 25 Mile Cycle Challenge in support of HSEEB. Tony succeeded in raising **£250** by cycling **25 miles** in **2.5 hours**, the funds having been raised from **25 sponsors!**



**There is still time for you to get involved:**

Choose your activity and register with JustGiving to promote your fundraiser

[www.justgiving.com/campaign/HSEEB25FOR25](http://www.justgiving.com/campaign/HSEEB25FOR25)

## You are invited to our Annual Celebration

(incl. AGM & light refreshments)

Wednesday 16th November 2022

11am-1pm

Merland Rise Church

Merland Rise, Tadworth

KT20 5JQ

R.S.V.P by 02.11.2022 [admin@hseeb.org.uk](mailto:admin@hseeb.org.uk)  
(Please advise of any dietary requirements)



NEWSLETTER...