



<https://www.facebook.com/HomeStartEEB/>



Summer Greetings from Home-Start Epsom, Ewell and Banstead!

As the summer draws to an end, it has continued to be an exciting year here at HSEEB....

Double Summer Celebration for HSEEB!

HSEEB is delighted that our Chair of Trustees, Briony Thomas (pictured third from the left), has been honoured with an Individual Trustee Award by Reigate and Banstead Borough Council.

The Council honoured 82 individuals with awards for their selfless service to the borough and its communities with 49 individuals and teams being recognised at the Award Ceremony which took place on Wednesday 31 July for voluntary efforts in various categories. A further 33 individuals received acknowledgements for long service (10 years plus) at a previous event held on July 11th.



The two award ceremonies - both held at the Town Hall - were organised by Reigate & Banstead Borough Council, with the Mayor of Reigate and Banstead, Councillor Eddy Humphries, presiding.

The Staff Team would like to thank Briony for her 7 years of dedicated service to HSEEB; in particular for her exceptionally hard work with fundraising and for her excellent strategic management of the Charity.



HSEEB is delighted to announce that one of our longest-standing local supporters, Mr Colin Sutherland (pictured centre), was on 27 August given the exceptionally rare 'Honorary Freeman of the Borough' Award by Reigate & Banstead Borough Council for his outstanding contribution and service to the community for over 60 years.

For the past 27 years, Colin has generously opened up his garden to the public, holding an annual Charity Garden Railway Open Day, with the proceeds being donated jointly to HSEEB and the Cochlear Implant Children's Support Group.

This year's event, held on 7 July, was (despite a lot of rain!), another great success, generating vital funds for HSEEB. Thank you Colin - your ongoing generosity for HSEEB will always be greatly appreciated!

NEWSLETTER...



Expansion of Our Perinatal and our Over 5s and SEND Services for Families

- HSEEB is delighted that our successful bid to the CYP Mental Health Investment Fund through Surrey Downs Health and Care Partnership, is allowing us to expand both our Perinatal and our Over 5s and SEND Services into north Mole Valley.
- Our PIMHs Coordinator, Claire Stevens, is pleased to now be able to facilitate the following new groups:
 - NEST Nurture Group - Mondays 10am-12pm, Bookham Baptist Church
 - NEST Informal Drop-In Sessions - Wednesdays 10:30am - 12:30pm, Leatherhead Community Hub
- Please see Page 4 for full details of all our perinatal support services, or for more information, please email claire.stevens@hseeb.org.uk
- Our Over 5s and SEND Coordinator, Lesley Lane, is also looking forward to expanding her 1:1 and group services into North Mole Valley. Lesley is currently running a Parenting Puzzle Course at Epsom Methodist Church - See P5 for full details



HSEEB Annual Summer Outings for Families

HSEEB were very pleased to host our Summer Outings for families, which this year included: a local picnic, a 'Fun in the Foam' Soft Play session at Leatherhead and Dorking Gymnastics Club, an outing to Bocketts Farm (pictured) and a coach trip to Littlehampton.



This year's outing to Littlehampton was kindly funded by County Councillor Nick Harrison's Your Councillor Community Fund. Our huge thanks go to Councillor Harrison for enabling us to provide this opportunity for the children and families we support.

We would also like to say a big thank you to all our wonderful volunteers who assisted on our summer outings. Without your help these outings would simply not be possible!



In Other Fundraising News... Thank You Waitrose and Thank You Toyota!



HSEEB is very grateful for recent donations received both from our local Waitrose and from Toyota. Your generosity will really benefit the local families we support!



Dates for the Diary

- **Thursday 17 October** - Young Mums' Coffee Group - 12-13:30pm, Epsom Family Centre - see P6 for further details
- **Monday 4 November** - HSEEB AGM - 11am - 1pm, Merland Rise Church

NEWSLETTER...



Volunteers and Trustees Needed!

NEWSLETTER...

Local children and families remain in great need of support from our Home-Visiting Volunteers. Could you or someone you know volunteer with us? Do you have links with a local organisation which could share our volunteer poster? All support is appreciated!

We are also recruiting Trustees, including a new Chair of Trustees - **CLOSING DEADLINE 30 SEPTEMBER 2024.**

Please visit <https://hseeb.org/become-a-trustee/> for further details.

You Can Also Support HSEEB Financially:

1. You can make a donation by BACS Transfer directly into our bank account. Please email: admin@hseeb.org.uk for further details

2. Support us for free when you shop online through Easy Fundraising. For further details please visit: <https://hseeb.org/easyfundraising-shop-online/>

3. Join the HSEEB 200 Club
Why not enjoy a little flutter on our monthly 200 Club Draw? Your regular contributions all add up and go to support local families in need. Some players even donate their winnings back to HSEEB! Thank you to all our 200 Club Members - your generosity is greatly appreciated. **For further details** please email admin@hseeb.org.uk

4. Did you know HSEEB now has a Gifts in Wills page on our website? If you or someone you know might consider leaving a legacy gift, **please visit** <https://hseeb.org/gifts-in-wills/>

Calling all parents, grandparents, and carers:
Do you have a few hours a week to support vulnerable families in your local area?

VOLUNTEER WITH US



**FREE TRAINING
PROVIDED**



(incl. Mole Valley North)
REGISTERED CHARITY 1156539

**NEXT PREP
COURSE
STARTING SOON**

Please get in touch by
Email: tracey.cobb@hseeb.org.uk
Phone: 07804 519623
Or scan the QR code to the right



Request for Local Business Connections & Corporate Sponsorship

There are many benefits to a company for corporate sponsorship and even small donations can make a big difference to our scheme. If your company would like to fundraise for us we would love to hear from you!

We are also keen to hear from our supporters about any connections you may have with local Golf Clubs and with the Royal Warrant holder companies; (Cirrus Response Ltd; Kimberely-Clarke Ltd; Denny's Brands; Hunter & Hyland; and Unilever.) Please email admin@hseeb.org.uk if you think that you can help. Thank you for your support!



**HOME
START**

Epsom, Ewell
& Banstead



Are you a new or expecting parent?

We provide local, non-judgemental support with emotional wellbeing and bonding throughout pregnancy and the first year

THE NEST: INFORMAL DROP-IN SESSIONS

Wednesdays (10.30 - 12.30)

Leatherhead Community Hub

Leatherhead Community Hub, Kingston Rd, KT22 7PX

Thursdays (10.30-12.30)

Merland Rise Church

Merland Rise, Tadworth, KT20 5JG

Ad-hoc, informal drop-in support (turn up anytime between 10.30-12.30)

Come along for a cup of tea and supportive chat

Please Whatsapp Claire before dropping in at 07494 292924 so she knows to expect/ welcome you.

THE NEST NURTURE GROUP



Mondays (10.00 - 12.00)

Bookham Baptist Church

Lower Rd, Great Bookham, Leatherhead KT23 4DH

Fridays (10.30-12.30)

Epsom Methodist Church

11-13 Ashley Road, Epsom, KT18 5AQ

8-week structured course (2 hours) to support emotional wellbeing and bonding with your baby.

Small group with the same parents each week.

Please speak to your Health Professional to refer you.

For more information, contact CLAIRE at **07494 292924**,
email claire.stevens@hseeb.org.uk, or scan this QR code:







Home Start
Epsom, Ewell
& Banstead
Including
Mole Valley North



Feeling like parenting has become a battle? It doesn't have to be.

We are running a 4-week

Parenting Puzzle

workshop for Parents and Carers

This 4-week course looks at topics including communication, praise and criticism, boundaries, dealing with stress and calming down, choices and consequences, and much more.

Where?

Epsom Methodist Church
11-13 Ashley Road
EPSOM
KT18 5AQ

When?

Tuesday 17th September to
Tuesday 8th October 2024
10am - 12pm

How do I book?

Please email one of the organisers below to reserve your place for all 4 weeks, as the sessions fit together like a puzzle

We ask a voluntary contribution of £10 towards the course and accompanying course book. However, if you are experiencing financial difficulties, there are free places available.

Cara Golding
(EPSOM METHODIST CHURCH)
emcnursery@hotmail.co.uk

Lesley Lane
(HOME-START EPSOM, EWELL & BANSTEAD)
lesley.lane@hseeb.org



Community
Foundation
for Surrey







Epsom & Ewell Family Centre

12:00-1:30pm,
Thursday 17th October

Young Mum's Coffee Group

Come along to Epsom Family Centre
to meet like-minded mums for a
chat whilst your little ones play.
For Mums age 25 and under.



To book a place, scan the QR code, email:
epsomewellfamilycentre@barnardos.org.uk
Or call:
Hayley from Home-Start 07804 519 622



Epsom Family Centre, Pound Lane, Epsom, KT19 8RY



Changing childhoods.
Changing lives.